

## Psychoactive medication guide

### Antipsychotics

Medication	Start date	Change date
Targeted symptom		
Resident goal		
<b>Side effects</b>		
Acute dystonic reaction	Within the first days of treatment	Facial muscle contractions, eyes fixed upward.
Parkinsonian syndrome	After 1 - 2 weeks of treatment	Shuffling gait, pill-rolling, hand tremors, rigid posture, slow movements
Akathisia	After several weeks or months	Pacing, restlessness, foot tapping, inability to sit or stand still
Tardive dyskinesia	usually after years	Involuntary grimacing, lip smacking, tongue protrusion, jerky movements, back and neck contractions

### Antianxiety agents / Benzodiazepines

Medication	Start date	Change date
Targeted symptom		
Resident goal		
<b>Side effects</b>		
Sedation, Drowsiness, Ataxia (drunk walk), Dizziness, Nausea, Vomiting, Confusion, Headache, Blurred vision, Skin rash, Fatigue, Reduced impulse control		Insomnia, Racing thoughts, Increased energy, Irritability/hostility, Impulsiveness, A feeling similar to that experienced with amphetamine use, Acute onset

### Antidepressants

Medication	Start date	Change date
Targeted symptom		
Resident goal, expected outcome		
<b>Side effects</b>		<b>Side effects with SSRI's</b>
Sedation, Drowsiness, Dry mouth, Fainting spells, Constipation, Blurred vision, Urinary retention, Dizziness, Tachycardia, Muscle tremor, Agitation, Anxiety, Headache, Skin rash, Skin photosensitivity, Appetite stimulation, Weight gain, Nausea, Vomiting		(Celexa, Lexapro, Paxil, Prozac, Zoloft) Insomnia, Diarrhea, Nausea, Headache, Anxiety, Somnolence, Dizziness, Loss of Appetite.

### Other

Medication	Start date	Change date
Targeted symptom or behavior		
Resident goal		
<b>Side effects</b>		

Medications reviewed for side effects, interactions, redundancies, appropriateness and positive resident outcomes

Signature	Date	Signature	Date	Signature	Date

Resident name    First    M.I.    Last	Signature	Date
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